Flipped classrooms for remote teaching during the COVID-19 pandemic

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ABSTRACT

COVID-19 inspired universities worldwide to re-evaluate and adjust the ways in which they teach. This article describes how a ten week research course was taught during the pandemic. Since the course already utilized a flipped classroom format, it was possible to give the course entirely online with minimal adjustments. Student grades, questionnaires and video viewing statistics were used to evaluate the new approach. Results show that the course performed similarly to how it did before the pandemic. Students even reported a higher level of satisfaction with the course when given remotely. The new approach has not resulted in a significant difference in grades.

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1. Introduction

Forms of remote, computer aided learning, have been around as early as the late 1980s [1, 2]. While most institutions of higher education, and some primary and secondary schools, have implemented forms of online instruction, these have been limited to tools such as Canvas and Blackboard. With the COVID-19 pandemic, institutions of education were unexpectedly forced to implement emergency remote learning strategies that were sudden attempts to turn classroom courses into remote learning structures [3].

Remote learning practices in the time of COVID-19, have become an essential tool to continue the learning process. Still, the remote learning process has also shown to have advantages over traditional methods, not only providing access to those who may not be able to access in-person higher education, but also providing “...clear pedagogical advantages over traditional education” [4]. A semi-synchronous teaching format allows students to employ just-in-time-learning and mastery-based-progression.

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Some adolescents may find regulating their behavior difficult based on long-term abstract goals, struggling with skills such as planning, anticipating, prioritizing and focus [5, 6]. Semi-synchronous learning can help students develop planning skills.

This article discusses the outcomes from a research course held for information and communication technology (ICT) students at The Hague University of Applied Sciences (THUAS). Between 2014-2019, the course utilized a classroom-only model. It then evolved to a flipped classroom approach in 2019, and in 2020, due to COVID-19, changed to a fully remote flipped classroom.

2. Methodology

2.1 Course modules

The course has two parts: research theory which is based on the book “Research. This Is It!” [8]. The theory of the course is explained in 19 short videos [9]. Three interactive workshops are given during the course to check if students understand the theory. The workshops use a Kahoot which allows lecturers to present questions and students answer using their mobile phones. Students can choose a topic from a list of research challenges to work on. These challenges are coupled to one of the research groups and meet with their research coach and the client to check whether they are conducting the research appropriately and whether their work is on track. Grades are awarded per group based on the quality of the research and the report.

2.2 Changes introduced for remote teaching

To simplify the setup of the course and streamline meetings and information gathering, the roles of clients and coach were consolidated in the 2020 (remote teaching) run. The students were scheduled to have weekly online meetings with their coach and

Figure 1. The total course videos watch time in 2020 and 2019. The big spike in both years corresponds to the date of the theoretical exam. The exam came a week later in 2020

Figure 2. Feedback survey from students on a scale of 1 (disagree) to 5 (agree). Year 2019 and 2020. The error bars (in all figures) represent the standard error of the mean.

client. The three interactive workshops were switched to an online version. Exam is also switched to online. All theoretical knowledge was covered by a few questions that students answered in a short essay format. Having four different versions of the exam assigned randomly to the students, performing a fraud check on submitted essays to check for copied content.

3. Results

Since the course has been the focus of active research, it is possible to compare data collected in 2020 while the course was given remotely to similar data collected in 2019, the year before. Figure 1 shows the viewing statistics of the 19 videos explaining the course theory. The lines represent total viewing time in minutes for all videos. Individual views were also collected and show a similar trend to that in Figure 1. There is a clear spike in viewing time in both years which immediately precedes the written exam. There is a smaller spike three weeks later which precedes the retake of the written exam. Please note that the exam and the retake came a week later in 2020 than in 2019.

Figure 2 shows the student feedback collected at the end of the course for each year. The students were asked to read statements and rate them on a Likert scale from 1 (labeled as disagree) to 5 (labeled as agree). An independent sample t-test was conducted to compare the results of 2019 and 2020 for each question in Figure 2. There was no significant difference detected between the answers of one year to the other.

Figure 3 shows the student's overall assessment of the course on a scale of 0 to 10. The error bars again represent the standard error of the mean. This time, the independent sample T test showed a significant difference in the scores for 2019 ($M = 3.46$, $SD = 2.38$) and 2020 ($M = 4.88$, $SD = 2.55$); with $t(72) = 2.4$, $p = 0.019$. This means

Figure 3. Overall student evaluation

that the students were significantly more positive about the course in 2020 than in 2019.

Finally, Figure 4 shows the grades students scored for the theoretical exam. This course is considered to be one of the more challenging courses and this is reflected in the low grades (passing grade is 5.5). An independent sample t-test showed no significant difference between the scores of the two years. This means that despite the change in the course and exam format, the student performed similarly to the previous year.

4. Conclusion

This study suggests that flipped classroom methods may provide robust teaching models in a crisis format, such as that with the COVID-19 pandemic. Preparing high quality video lecture materials as well as collaborative spaces for discussion and student engagement can be a successful formula to meet the needs of remote learning models.

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Figure 4. Exam grades